

13 400m Individual Medley Men Heat

Official

13 Years New Zealand Short **4:35.84**
 13NZR Course Record
 2006-09-25

Mitchell Donaldso..
 PARAK

14 Years New Zealand Short **4:30.48**
 14NZR Course Record
 2007-09-24

Mitchell Donaldso..
 PARAK

Open New Zealand Short **4:06.66**
 NZR Course Record
 2003-01-25 Germany

Dean Kent
 NSSAK

18 Years New Zealand Short **4:11.85**
 18NZR Course Record
 2022-08-24 Auckland

Sam Brown
 Capital Swim ..

Show more

☰ Entries

🏊 Summary

1 Heat 1 (8)

Official

heat Started at: 09:16 AM (+ 3 min)



| Lane | Competitor | Age | Club | RT | FINA | Rank | Result |
|------|-----------------------|-----|-----------------------|-------|------|------|---------|
| 0 | Samuel Asi... | 15 | Howi... | +0.70 | | 7 | 5:07.57 |
| | 25m: 14.19 | | 50m: 31.45 (17.26) | | | | |
| | 75m: 49.29 (17.84) | | 100m: 1:08.55 (19.26) | | | | |
| | 125m: 1:28.02 (19.47) | | 150m: 1:47.03 (19.01) | | | | |
| | 175m: 2:05.97 (18.94) | | 200m: 2:25.13 (19.16) | | | | |
| | 225m: 2:47.76 (22.63) | | 250m: 3:11.15 (23.39) | | | | |
| | 275m: 3:33.42 (22.27) | | 300m: 3:56.70 (23.28) | | | | |
| | 325m: 4:14.66 (17.96) | | 350m: 4:32.37 (17.71) | | | | |
| | 375m: 4:50.55 (18.18) | | 400m: 5:07.57 (17.02) | | | | |

| | | | | | | | |
|---|-----------------------|----|-----------------------|-------|--|---|---------|
| 1 | Charlie Shi... | 15 | Mt M... | +0.68 | | 1 | 4:55.45 |
| | 25m: 14.54 | | 50m: 31.81 (17.27) | | | | |
| | 75m: 49.76 (17.95) | | 100m: 1:08.37 (18.61) | | | | |
| | 125m: 1:27.73 (19.36) | | 150m: 1:46.29 (18.56) | | | | |
| | 175m: 2:04.34 (18.05) | | 200m: 2:22.89 (18.55) | | | | |
| | 225m: 2:44.64 (21.75) | | 250m: 3:06.41 (21.77) | | | | |
| | 275m: 3:28.32 (21.91) | | 300m: 3:50.55 (22.23) | | | | |
| | 325m: 4:07.41 (16.86) | | 350m: 4:23.94 (16.53) | | | | |
| | 375m: 4:39.93 (15.99) | | 400m: 4:55.45 (15.52) | | | | |


| | | | | | | | |
|---|-----------------------|----|-----------------------|-------|--|---|---------|
| 3 | Nathan Hol... | 16 | Liz v... | +0.69 | | 4 | 4:59.35 |
| | 25m: 14.54 | | 50m: 31.74 (17.20) | | | | |
| | 75m: 50.03 (18.29) | | 100m: 1:09.15 (19.12) | | | | |
| | 125m: 1:29.47 (20.32) | | 150m: 1:49.27 (19.80) | | | | |
| | 175m: 2:08.69 (19.42) | | 200m: 2:28.13 (19.44) | | | | |
| | 225m: 2:48.28 (20.15) | | 250m: 3:08.96 (20.68) | | | | |
| | 275m: 3:29.90 (20.94) | | 300m: 3:51.31 (21.41) | | | | |
| | 325m: 4:08.85 (17.54) | | 350m: 4:25.95 (17.10) | | | | |
| | 375m: 4:42.96 (17.01) | | 400m: 4:59.35 (16.39) | | | | |

| | | | | | | | |
|---|-----------------------|----|-----------------------|-------|--|---|---------|
| 4 | Jack Younger | 15 | Mast... | +0.75 | | 6 | 5:05.00 |
| | 25m: 13.71 | | 50m: 30.16 (16.45) | | | | |
| | 75m: 47.96 (17.80) | | 100m: 1:06.81 (18.85) | | | | |
| | 125m: 1:27.19 (20.38) | | 150m: 1:46.76 (19.57) | | | | |
| | 175m: 2:06.11 (19.35) | | 200m: 2:25.30 (19.19) | | | | |

| | |
|-----------------------|-----------------------|
| 225m: 2:47.43 (22.13) | 250m: 3:09.75 (22.32) |
| 275m: 3:32.70 (22.95) | 300m: 3:56.07 (23.37) |
| 325m: 4:14.02 (17.95) | 350m: 4:31.39 (17.37) |
| 375m: 4:48.49 (17.10) | 400m: 5:05.00 (16.51) |

5  Dom Whar... 17  Nort... +0.78 3 4:57.86

| | |
|-----------------------|-----------------------|
| 25m: 13.95 | 50m: 30.70 (16.75) |
| 75m: 48.80 (18.10) | 100m: 1:07.30 (18.50) |
| 125m: 1:26.96 (19.66) | 150m: 1:45.28 (18.32) |
| 175m: 2:04.07 (18.79) | 200m: 2:21.67 (17.60) |
| 225m: 2:43.92 (22.25) | 250m: 3:05.91 (21.99) |
| 275m: 3:28.11 (22.20) | 300m: 3:50.20 (22.09) |
| 325m: 4:08.06 (17.86) | 350m: 4:25.09 (17.03) |
| 375m: 4:41.58 (16.49) | 400m: 4:57.86 (16.28) |

6  Flynn Beattie 15  Mt M... +0.72 5 5:01.48

| | |
|-----------------------|-----------------------|
| 25m: 14.35 | 50m: 31.46 (17.11) |
| 75m: 48.73 (17.27) | 100m: 1:06.97 (18.24) |
| 125m: 1:27.13 (20.16) | 150m: 1:47.02 (19.89) |
| 175m: 2:06.25 (19.23) | 200m: 2:25.78 (19.53) |
| 225m: 2:47.62 (21.84) | 250m: 3:09.55 (21.93) |
| 275m: 3:31.36 (21.81) | 300m: 3:53.70 (22.34) |
| 325m: 4:11.14 (17.44) | 350m: 4:28.07 (16.93) |
| 375m: 4:44.94 (16.87) | 400m: 5:01.48 (16.54) |

7  Hunter Sands 15  Liz v... +0.66 2 4:55.76

| | |
|-----------------------|-----------------------|
| 25m: 13.59 | 50m: 30.41 (16.82) |
| 75m: 48.28 (17.87) | 100m: 1:07.01 (18.73) |
| 125m: 1:26.58 (19.57) | 150m: 1:45.30 (18.72) |
| 175m: 2:04.01 (18.71) | 200m: 2:22.68 (18.67) |
| 225m: 2:43.59 (20.91) | 250m: 3:04.76 (21.17) |
| 275m: 3:26.50 (21.74) | 300m: 3:48.73 (22.23) |
| 325m: 4:06.91 (18.18) | 350m: 4:24.58 (17.67) |
| 375m: 4:40.33 (15.75) | 400m: 4:55.76 (15.43) |

8  Finlay McN... 15  Blen... +0.73 9 5:13.53

| | |
|-----------------------|-----------------------|
| 25m: 14.80 | 50m: 32.17 (17.37) |
| 75m: 50.29 (18.12) | 100m: 1:09.23 (18.94) |
| 125m: 1:28.47 (19.24) | 150m: 1:47.12 (18.65) |
| 175m: 2:06.13 (19.01) | 200m: 2:24.52 (18.39) |
| 225m: 2:47.97 (23.45) | 250m: 3:11.39 (23.42) |
| 275m: 3:35.85 (24.46) | 300m: 4:00.14 (24.29) |
| 325m: 4:19.23 (19.09) | 350m: 4:37.70 (18.47) |
| 375m: 4:55.79 (18.09) | 400m: 5:13.53 (17.74) |

9  Oban Willia... 14  Mata... +0.82 8 5:09.47

| | |
|-----------------------|-----------------------|
| 25m: 14.20 | 50m: 32.62 (18.42) |
| 75m: 51.36 (18.74) | 100m: 1:11.22 (19.86) |
| 125m: 1:30.24 (19.02) | 150m: 1:48.90 (18.66) |
| 175m: 2:07.85 (18.95) | 200m: 2:26.71 (18.86) |
| 225m: 2:49.45 (22.74) | 250m: 3:12.16 (22.71) |
| 275m: 3:34.97 (22.81) | 300m: 3:58.43 (23.46) |
| 325m: 4:17.20 (18.77) | 350m: 4:35.31 (18.11) |
| 375m: 4:52.80 (17.49) | 400m: 5:09.47 (16.67) |

2 Heat 2 (8)

heat Started at: 09:22 AM (+ 3 min)

Official

| Lane | Competitor | Age | Club | RT | FINA | Rank | Result |
|------|---|-----|--------------------|----|------|------|---------|
| 0 |  Joel Wilson | 15 | Hoko... +0.78 | | | 7 | 5:01.30 |
| | 25m: 14.21 | | 50m: 30.76 (16.55) | | | | |

| | |
|-----------------------|-----------------------|
| 75m: 47.67 (16.91) | 100m: 1:05.03 (17.36) |
| 125m: 1:26.00 (20.97) | 150m: 1:45.49 (19.49) |
| 175m: 2:05.22 (19.73) | 200m: 2:24.61 (19.39) |
| 225m: 2:45.91 (21.30) | 250m: 3:07.38 (21.47) |
| 275m: 3:29.16 (21.78) | 300m: 3:50.96 (21.80) |
| 325m: 4:10.07 (19.11) | 350m: 4:27.48 (17.41) |
| 375m: 4:45.06 (17.58) | 400m: 5:01.30 (16.24) |

1 Lewis Brown 15 Capit... +0.76 6 5:01.26

| | |
|-----------------------|-----------------------|
| 25m: 14.00 | 50m: 31.27 (17.27) |
| 75m: 49.23 (17.96) | 100m: 1:07.86 (18.63) |
| 125m: 1:27.23 (19.37) | 150m: 1:46.51 (19.28) |
| 175m: 2:05.16 (18.65) | 200m: 2:24.19 (19.03) |
| 225m: 2:46.49 (22.30) | 250m: 3:08.78 (22.29) |
| 275m: 3:30.80 (22.02) | 300m: 3:53.17 (22.37) |
| 325m: 4:10.98 (17.81) | 350m: 4:28.33 (17.35) |
| 375m: 4:45.16 (16.83) | 400m: 5:01.26 (16.10) |

2 Beau Nicho... 15 Howi... +0.71 3 4:54.40

| | |
|-----------------------|-----------------------|
| 25m: 13.70 | 50m: 30.34 (16.64) |
| 75m: 48.02 (17.68) | 100m: 1:06.40 (18.38) |
| 125m: 1:26.97 (20.57) | 150m: 1:45.13 (18.16) |
| 175m: 2:03.02 (17.89) | 200m: 2:20.84 (17.82) |
| 225m: 2:42.17 (21.33) | 250m: 3:04.31 (22.14) |
| 275m: 3:25.65 (21.34) | 300m: 3:47.57 (21.92) |
| 325m: 4:05.69 (18.12) | 350m: 4:22.01 (16.32) |
| 375m: 4:38.85 (16.84) | 400m: 4:54.40 (15.55) |

3 Findlay Knox 21 Nort... +0.72 9 5:01.67

| | |
|-----------------------|-----------------------|
| 25m: 13.61 | 50m: 30.50 (16.89) |
| 75m: 48.27 (17.77) | 100m: 1:06.36 (18.09) |
| 125m: 1:26.61 (20.25) | 150m: 1:46.09 (19.48) |
| 175m: 2:05.36 (19.27) | 200m: 2:23.98 (18.62) |
| 225m: 2:47.04 (23.06) | 250m: 3:09.36 (22.32) |
| 275m: 3:31.99 (22.63) | 300m: 3:54.57 (22.58) |
| 325m: 4:11.87 (17.30) | 350m: 4:28.99 (17.12) |
| 375m: 4:46.11 (17.12) | 400m: 5:01.67 (15.56) |

4 Flynn Grace 15 Selw... +0.70 DSQ

5 Jacob Lewis 18 Liz v... +0.77 4 4:54.69

| | |
|-----------------------|-----------------------|
| 25m: 13.22 | 50m: 28.67 (15.45) |
| 75m: 44.87 (16.20) | 100m: 1:02.08 (17.21) |
| 125m: 1:20.92 (18.84) | 150m: 1:39.16 (18.24) |
| 175m: 1:57.73 (18.57) | 200m: 2:15.77 (18.04) |
| 225m: 2:37.64 (21.87) | 250m: 3:00.14 (22.50) |
| 275m: 3:23.76 (23.62) | 300m: 3:47.44 (23.68) |
| 325m: 4:05.25 (17.81) | 350m: 4:22.19 (16.94) |
| 375m: 4:39.33 (17.14) | 400m: 4:54.69 (15.36) |



6 Emlyn Clay... 19 Vikin... +0.70 8 5:01.48 -

| | |
|------------------------|-----------------------|
| 25m: 14.09 | 50m: 30.76 (16.67) |
| 75m: 47.80 (17.04) | 100m: 1:05.80 (18.00) |
| 125m: 1:25.42 (19.62) | 150m: 1:44.85 (19.43) |
| 175m: 2:03.77 (18.92) | 200m: 2:22.78 (19.01) |
| 225m: 2:43.66 (20.88) | 250m: 3:04.90 (21.24) |
| 275m: 3:26.36 (21.46) | 300m: 3:48.37 (22.01) |
| 325m: 4:07.05 (18.68) | 350m: |
| 375m: 4:44.15(4:44.15) | 400m: 5:01.48 (17.33) |


7 Ian Chen 18 St P... +0.63 5 4:57.98

| | |
|------------|--------------------|
| 25m: 14.35 | 50m: 32.00 (17.65) |
|------------|--------------------|

| | |
|-----------------------|-----------------------|
| 75m: 50.63 (18.63) | 100m: 1:09.33 (18.70) |
| 125m: 1:29.34 (20.01) | 150m: 1:48.39 (19.05) |
| 175m: 2:07.75 (19.36) | 200m: 2:26.29 (18.54) |
| 225m: 2:46.83 (20.54) | 250m: 3:07.47 (20.64) |
| 275m: 3:28.23 (20.76) | 300m: 3:49.63 (21.40) |
| 325m: 4:07.46 (17.83) | 350m: 4:24.47 (17.01) |
| 375m: 4:41.57 (17.10) | 400m: 4:57.98 (16.41) |

8  **Bosco Ding** 15  **Unite...** +0.71 2 **4:52.03** Q

| | |
|-----------------------|-----------------------|
| 25m: 14.04 | 50m: 31.12 (17.08) |
| 75m: 48.68 (17.56) | 100m: 1:06.77 (18.09) |
| 125m: 1:27.56 (20.79) | 150m: 1:46.11 (18.55) |
| 175m: 2:04.62 (18.51) | 200m: 2:22.98 (18.36) |
| 225m: 2:43.06 (20.08) | 250m: 3:03.35 (20.29) |
| 275m: 3:24.00 (20.65) | 300m: 3:44.48 (20.48) |
| 325m: 4:02.57 (18.09) | 350m: 4:19.56 (16.99) |
| 375m: 4:36.68 (17.12) | 400m: 4:52.03 (15.35) |



9  **Kinnon Bro...** 17  **Hamil...** +0.67 1 **4:52.01** Q


| | |
|-----------------------|-----------------------|
| 25m: 13.30 | 50m: 28.90 (15.60) |
| 75m: 45.20 (16.30) | 100m: 1:02.21 (17.01) |
| 125m: 1:20.80 (18.59) | 150m: 1:38.82 (18.02) |
| 175m: 1:56.83 (18.01) | 200m: 2:14.40 (17.57) |
| 225m: 2:36.41 (22.01) | 250m: 2:58.50 (22.09) |
| 275m: 3:21.54 (23.04) | 300m: 3:44.52 (22.98) |
| 325m: 4:02.27 (17.75) | 350m: 4:19.11 (16.84) |
| 375m: 4:36.26 (17.15) | 400m: 4:52.01 (15.75) |

3 Heat 3 (8)



Official

heat Started at: 09:28 AM (+ 3 min)












| Lane | Competitor | Age | Club | RT | FINA | Rank | Result |
|------|--|-----|--|-------|------|------|----------------|
| 0 |  Connor Eden | 18 |  Nels... | +0.75 | | 8 | 4:52.90 |
| | 25m: 13.24 | | 50m: 28.84 (15.60) | | | | |
| | 75m: 45.42 (16.58) | | 100m: 1:02.88 (17.46) | | | | |
| | 125m: 1:22.44 (19.56) | | 150m: 1:41.21 (18.77) | | | | |
| | 175m: 2:00.03 (18.82) | | 200m: 2:19.07 (19.04) | | | | |
| | 225m: 2:39.81 (20.74) | | 250m: 3:01.38 (21.57) | | | | |
| | 275m: 3:22.25 (20.87) | | 300m: 3:43.56 (21.31) | | | | |
| | 325m: 4:01.83 (18.27) | | 350m: 4:19.11 (17.28) | | | | |
| | 375m: 4:36.34 (17.23) | | 400m: 4:52.90 (16.56) | | | | |

1  **Joshua Toi...** 21 **ACU ...** +0.63 5 **4:32.82** Q

| | |
|-----------------------|-----------------------|
| 25m: 12.26 | 50m: 27.37 (15.11) |
| 75m: 43.00 (15.63) | 100m: 59.12 (16.12) |
| 125m: 1:16.42 (17.30) | 150m: 1:33.77 (17.35) |
| 175m: 1:51.22 (17.45) | 200m: 2:08.76 (17.54) |
| 225m: 2:28.18 (19.42) | 250m: 2:47.62 (19.44) |
| 275m: 3:07.51 (19.89) | 300m: 3:27.56 (20.05) |
| 325m: 3:44.08 (16.52) | 350m: 4:00.60 (16.52) |
| 375m: 4:17.33 (16.73) | 400m: 4:32.82 (15.49) |

2  **Lochlan Mc...** 20  **Vikin...** +0.67 4 **4:29.45** -

| | |
|-----------------------|-----------------------|
| 25m: 12.40 | 50m: 27.57 (15.17) |
| 75m: 43.63 (16.06) | 100m: 1:00.12 (16.49) |
| 125m: 1:17.97 (17.85) | 150m: 1:34.91 (16.94) |
| 175m: 1:52.41 (17.50) | 200m: 2:09.41 (17.00) |
| 225m: 2:27.88 (18.47) | 250m: 2:46.18 (18.30) |
| 275m: 3:05.18 (19.00) | 300m: 3:24.11 (18.93) |
| 325m: 3:40.93 (16.82) | 350m: 3:57.17 (16.24) |
| 375m: 4:13.64 (16.47) | 400m: 4:29.45 (15.81) |

| | | | | | | | |
|---|---|----|---|-------|---|---------|---|
| 3 |  Louis Clark | 22 |  Nort... | +0.72 | 1 | 4:23.82 | Q |
| | 25m: 12.40 | | 50m: 27.51 (15.11) | | | | |
| | 75m: 43.72 (16.21) | | 100m: 1:00.04 (16.32) | | | | |
| | 125m: 1:18.17 (18.13) | | 150m: 1:35.00 (16.83) | | | | |
| | 175m: 1:52.33 (17.33) | | 200m: 2:09.31 (16.98) | | | | |
| | 225m: 2:27.46 (18.15) | | 250m: 2:45.46 (18.00) | | | | |
| | 275m: 3:04.11 (18.65) | | 300m: 3:22.55 (18.44) | | | | |
| | 325m: 3:38.47 (15.92) | | 350m: 3:53.44 (14.97) | | | | |
| | 375m: 4:08.87 (15.43) | | 400m: 4:23.82 (14.95) | | | | |
| 5 |  Sam Brown | 19 |  Coas... | +0.72 | 2 | 4:24.15 | Q |
| | 25m: 12.21 | | 50m: 27.52 (15.31) | | | | |
| | 75m: 43.53 (16.01) | | 100m: 59.32 (15.79) | | | | |
| | 125m: 1:16.57 (17.25) | | 150m: 1:33.23 (16.66) | | | | |
| | 175m: 1:50.09 (16.86) | | 200m: 2:05.99 (15.90) | | | | |
| | 225m: 2:24.35 (18.36) | | 250m: 2:43.23 (18.88) | | | | |
| | 275m: 3:02.20 (18.97) | | 300m: 3:20.69 (18.49) | | | | |
| | 325m: 3:37.15 (16.46) | | 350m: 3:53.02 (15.87) | | | | |
| | 375m: 4:08.93 (15.91) | | 400m: 4:24.15 (15.22) | | | | |
| 6 |  Blair Helms | 21 |  Nort... | +0.66 | 3 | 4:28.02 | Q |
| | 25m: 12.24 | | 50m: 27.84 (15.60) | | | | |
| | 75m: 43.92 (16.08) | | 100m: 1:00.67 (16.75) | | | | |
| | 125m: 1:18.60 (17.93) | | 150m: 1:35.93 (17.33) | | | | |
| | 175m: 1:53.50 (17.57) | | 200m: 2:11.10 (17.60) | | | | |
| | 225m: 2:29.90 (18.80) | | 250m: 2:48.80 (18.90) | | | | |
| | 275m: 3:07.61 (18.81) | | 300m: 3:26.69 (19.08) | | | | |
| | 325m: 3:42.88 (16.19) | | 350m: 3:58.27 (15.39) | | | | |
| | 375m: 4:13.50 (15.23) | | 400m: 4:28.02 (14.52) | | | | |
| 7 |  Curtis Mell... | 20 |  Nept... | +0.57 | 6 | 4:36.48 | Q |
| | 25m: 12.88 | | 50m: 28.58 (15.70) | | | | |
| | 75m: 44.67 (16.09) | | 100m: 1:01.09 (16.42) | | | | |
| | 125m: 1:18.60 (17.51) | | 150m: 1:35.60 (17.00) | | | | |
| | 175m: 1:53.21 (17.61) | | 200m: 2:11.15 (17.94) | | | | |
| | 225m: 2:31.73 (20.58) | | 250m: 2:52.03 (20.30) | | | | |
| | 275m: 3:12.48 (20.45) | | 300m: 3:33.00 (20.52) | | | | |
| | 325m: 3:49.22 (16.22) | | 350m: 4:05.18 (15.96) | | | | |
| | 375m: 4:21.11 (15.93) | | 400m: 4:36.48 (15.37) | | | | |
| 8 |  Mitchell Hic... | 18 | ACU ... | +0.66 | 7 | 4:42.92 | Q |
| | 25m: 13.20 | | 50m: 28.90 (15.70) | | | | |
| | 75m: 45.55 (16.65) | | 100m: 1:02.77 (17.22) | | | | |
| | 125m: 1:20.04 (17.27) | | 150m: 1:36.72 (16.68) | | | | |
| | 175m: 1:53.50 (16.78) | | 200m: 2:10.15 (16.65) | | | | |
| | 225m: 2:32.47 (22.32) | | 250m: 2:54.32 (21.85) | | | | |
| | 275m: 3:16.32 (22.00) | | 300m: 3:38.39 (22.07) | | | | |
| | 325m: 3:55.16 (16.77) | | 350m: 4:11.47 (16.31) | | | | |
| | 375m: 4:27.65 (16.18) | | 400m: 4:42.92 (15.27) | | | | |
| 9 |  Jason Els | 15 |  Coas... | +0.67 | 9 | 4:57.16 | |
| | 25m: 13.60 | | 50m: 30.78 (17.18) | | | | |
| | 75m: 48.32 (17.54) | | 100m: 1:05.99 (17.67) | | | | |
| | 125m: 1:25.87 (19.88) | | 150m: 1:44.39 (18.52) | | | | |
| | 175m: 2:03.37 (18.98) | | 200m: 2:22.03 (18.66) | | | | |
| | 225m: 2:42.56 (20.53) | | 250m: 3:03.94 (21.38) | | | | |
| | 275m: 3:25.73 (21.79) | | 300m: 3:47.42 (21.69) | | | | |
| | 325m: 4:05.66 (18.24) | | 350m: 4:22.80 (17.14) | | | | |
| | 375m: 4:40.67 (17.87) | | 400m: 4:57.16 (16.49) | | | | |